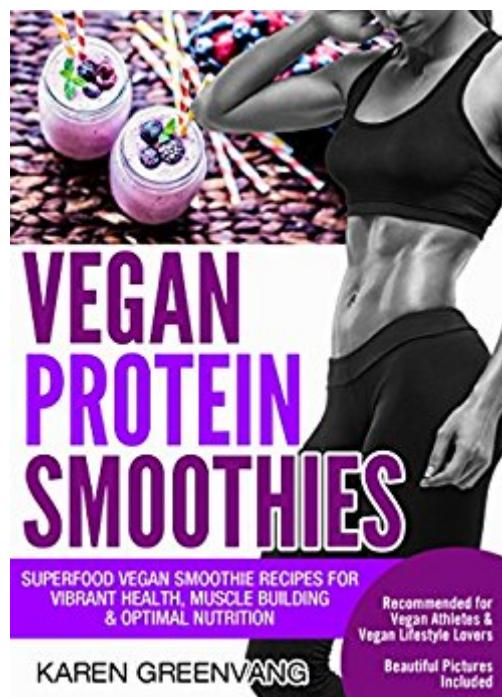


The book was found

# Vegan Protein Smoothies: Superfood Vegan Smoothie Recipes For Vibrant Health, Muscle Building & Optimal Nutrition



## Synopsis

Boost Your Health and Achieve Optimal Wellness with Delicious & Nutritious Vegan Smoothies

You are just about to discover a myriad of super tasty, 100% vegan smoothie recipes that are naturally rich in protein and will help you get the body you want. Are you a demanding vegan (or wish to become one)? -Are you sick and tired of pseudo vegan recipe books that promote honey or whey protein powder and eggs? -Are you looking for quick and effective solutions to enjoy your vegan lifestyle and boost your nutrition so that you stay energized, happy and in great shape? If the answer yes- you have just found a simple solution!

All the recipes from "Vegan Protein Smoothies" are extremely easy to make and perfect for vegans on a busy schedule. They are designed to give your body and mind optimal nutrition so that you can create a new, stronger and healthier version of yourself. Each Recipe from Vegan Protein Smoothies Includes:-beautiful recipe picture to boost your motivation and help you keep inspired on your journey-a short description packed with information so that you can create your own, personalized superfood recipes that will accompany you for years to come!-easy and informative instructions-mind & body benefits of each smoothie-how to get healthy and fit!With Vegan Protein Smoothies You Will Also Discover:-the best vegan superfoods like spirulina, chia seeds, soy sprouts powder (not soy!), flax seeds, hemp seeds, vegan alternatives to honey (there is no honey in the recipes, we keep it 100% vegan)-a rainbow of nutritious fruits and vegetables combined with cruelty free vegan milks and other nutritious ingredients for super vegans!What are you waiting for? Give yourself the nutrients you deserve so that you can create a sexy, healthy, fit body while keeping it cruelty free and safe for the environment- in alignment with your vegan lifestyle!Would You Like To Know More?Order now and start making delicious, vegan protein smoothies today!Scroll to the top of the page and select the "buy" button to get started now!

## Book Information

File Size: 3606 KB

Print Length: 62 pages

Page Numbers Source ISBN: 1523919736

Simultaneous Device Usage: Unlimited

Publication Date: February 6, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01BJDVD8E

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #443,984 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #106 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Food Allergies #117 in Books > Cookbooks, Food & Wine > Special Diet > Cancer #225 in Kindle Store > Whispersync for Voice > Cookbooks, Food & Wine

## Customer Reviews

Great and simple recipes.

It was ok not great

good smoothie book

[Download to continue reading...](#)

Vegan Protein Smoothies: Superfood Vegan Smoothie Recipes for Vibrant Health, Muscle Building & Optimal Nutrition (Vegan Cookbooks, Vegan Smoothies, Vegan Smoothie Recipes) (Volume 1) Smoothies: 365 Days of Smoothie Recipes (Smoothie, Smoothies, Smoothie Recipes, Smoothies for Weight Loss, Green Smoothie, Smoothie Recipes For Weight Loss, Smoothie Cleanse, Smoothie Diet) Vegan Protein Smoothies: Superfood Vegan Smoothie Recipes for Vibrant Health, Muscle Building & Optimal Nutrition Smoothies: Everyday Smoothies For Beginners (Smoothie, Smoothies, Smoothie Recipes, Smoothies for Weight Loss, Green Smoothie, Smoothie Recipes For Weight ... Diet)) (healthy food for everyday Book 5) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Ideal Protein Diet Cookbook: Your Ideal Protein Nutrition Plan for Perfect Fitness and Wellness (Ideal Protein Diet, High Protein Diet, Perfect Protein Diet, Lose Weight, Protein Diet Plan) Ethnic Vegan Box Set 4 in 1: Dairy Free Vegan Italian, Vegan Mexican, Vegan Asian and Vegan Mediterranean Recipes for an amazing Raw Vegan lifestyle (A ... Protein Vegan Recipes and Vegan Nutrition) Muscle Recovery: Tips for Faster Muscle Recovery, Growing Stronger Muscle and Overcoming Muscle Soreness (Muscle Growth, Muscle Soreness,

Workout, Workout Recovery, Muscle Strength) Vegan: High Protein Cookbook: 50 Delicious High Protein Vegan Recipes (Dairy Free, Gluten Free, Low Cholesterol, Vegan Diet, Vegan for Weight loss, vegetarian, vegan bodybuilding, Cast Iron,) DIY Protein Bars: 30 Delicious and Healthy DIY Protein Bars (diy protein bars, protein bars, high protein snacks) Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies for Weight Loss and Smoothies for Optimum Health Ninja Blender Recipe Bible: 50+ Delicious Recipes for your High Powered Blender (Ninja Recipes, Ninja Recipe Book, Green Smoothies, Weight Loss Smoothies, ... Protein Shake Diet, Green Smoothie) Vegan: High Protein Vegan Cookbook-Vegan Diet-Gluten Free & Dairy Free Recipes (Slow cooker,crockpot,Cast Iron) (vegan,vegan diet,vegan slowcooker,high ... free,dairy free,low carb) Vegan: Vegan Dump Dinners-Vegan Diet On A Budget (Crockpot, Quick Meals,Slowcooker,Cast Iron, Meals For One) (Slow Cooker,crockpot,vegan recipes,vegetarian ... protein,low fat,gluten free,vegan recipes) Green Smoothie Recipe Book: 500 Delicious Green Smoothie Recipes for Weight Loss, Better Health, Energy & Cleansing (Green Smoothies, Nutribullet Recipe ... Juicing Recipes, Fat Loss, Cleanse, Detox) Superfood Cookbook: Delicious Vegetarian Superfood Salads for Easy Weight Loss and Detox: Healthy Clean Eating Recipes on a Budget (Superfood Kitchen) Superfood Cookbook: Delicious Vegetarian Superfood Salads for Easy Weight Loss and Detox: Healthy Clean Eating Recipes on a Budget (Superfood Kitchen Book 1) Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri Ninja Pro, and Ninja Kitchen System Cookbooks) Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri ... Ninja Kitchen System Cookbooks) (Volume 1) My Oster Pro Blender Smoothie Book: 101 Superfood Smoothie Recipes for Your 1200, MyBlend, 6811, or Simple Blend Blender! (Oster Blender Recipes) (Volume 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)